

Experience the ultimate in pampering



Our thermal pools are the perfect place to start your Spa experience. Bathing in thermal spring water is known to have therapeutic benefits, while the natural warmth and restful atmosphere is sure to help you relax and unwind!

Outdoor Thermal Pool Entry – \$15.00

Private Thermal Pool (30 mins) – \$15.00 (min 2 persons)

FACIALS

Highly Recommended

Refresher Facial The ideal pick-me-up when your time is limited. A gentle and hydrating facial developed utilising our own unique soothing mineral rich thermal waters. **Allow 30 mins \$90.00**

Seasonal Facial A wonderfully refreshing, fruit inspired facial which embraces the seasons. A vitamin based treatment in Spring/Summer to regenerate and a mineral based treatment in Winter/Autumn to provide resistance to the elements. The delicious fruity ingredients make this an absolute treat! **Allow 40 mins \$110.00**
With Eye Contour Treatment allow 70 mins \$180.00

Soothing Treatment for Sensitive Skin A soothing facial to rebalance sensitised skin. Enjoy a softening cleansing mask to remove impurities followed by an application of serum and a relaxing massage using ice cold porcelain spoons. A perfect treatment for sensitive skin. **Allow 50 mins \$130.00**
With Eye Contour Treatment allow 80 mins \$205.00

Resurfacing Peel A deep exfoliation treatment which has an excellent effect on dull lifeless skin, congested pores, pigmented and aged concerned skin types. This treatment smoothes lines and brightens the skin while refining the skins texture. After just one treatment skin is bright and radiant. **Allow 60 mins \$130.00**

Ultimate Hydration A facial that revives the natural moisture of your skin and deeply nourishes throughout. An intensive hydration treatment for dry and dehydrated skins which leaves the skin plumped and looking radiant. **Allow 70 mins \$150.00**
With Eye Contour Treatment Allow 90 mins \$220.00

Energizing Facial An intensive facial treatment utilising Siberian Ginseng extract. This plant has active ingredients to adapt to the specific needs of each and every skin type. Be enveloped in a wave of light and reveal a youthful glow, whilst protecting the skin's energy reserves and supporting healthy collagen and dermal structure. **Allow 70 mins \$160.00**

Eye Contour Treatment A treatment specifically designed for the eye contour area which helps to immediately diminish signs of fatigue and aging. This treatment is guaranteed to impress with long lasting results.

Highly Recommended

Homme Care Energising and purifying, this facial is specifically designed to meet a man's needs. An hour of total relaxation incorporating a stimulating scalp massage to relieve tension. Our customised mask will deeply replenish while healing properties of plant extracts will repair and soothe. **Allow 60 mins \$130.00**

BODY TREATMENTS

Back Treatment A facial for your back! Begin with a sugar scrub exfoliation, followed by a herb infused mud mask applied to your back which is designed to cleanse impurities. To finish a stimulating hot towel compress and a relaxing back, neck and shoulder massage. **Allow 40 mins \$120.00**

Coffee Bean Exfoliation Start this sensory awakening body treatment with a stimulating coffee bean exfoliation which provides a natural boost of Vitamin E and Magnesium. Once showered relax and enjoy an application of our warmed body butter to hydrate your skin. **Allow 60 mins \$140.00**

Highly Recommended

Smoothing Sugar Scrub Body Experience A decadent scrub ritual for smooth, soft and rehydrated skin. Begin with a full body sugar scrub exfoliation. Lay back and enjoy a relaxing full body massage utilising warmed, rich and truly hydrating shea and avocado body butter. **Allow 80 mins \$175.00**

Detox Body Cocoon Boost your body's defences and replenish your skin's natural glow. Begin with an invigorating full body exfoliation. Drift away as you are cocooned in the luxury of our warmed herbal sea silt mask whilst your therapist gently massages your neck and shoulders with smooth stones. To finish enjoy a relaxing application of Body Butter. **Allow 70 mins \$165.00**

Thermal Gel Wrap and Facial Ritual Indulge yourself in a warm gel wrap infused with Avocado extracts for maximum hydration. Begin with a full body exfoliation, then delight in the warmth of our thermal gel. Lie back and relax as we pamper your skin with our Refresher Facial. To finish a relaxing application of velvety Body Butter. **Allow 90 mins \$190.00**



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VICHY TREATMENTS

This unique treatment features an invigorating warm waterfall that gently massages you while relaxing on a specially designed hand crafted massage table.

Benefits of Vichy treatments include: Increased blood circulation, reduced stress, hydrating the body & reduced toxins.

Highly Recommended

Rainshower Exfoliation and Massage Begin with a full body exfoliation before drifting away under the warmth of the Vichy rain showers. Let the healing hands of your therapist work in symphony with the soothing waters to gently massage and guide you to total relaxation and harmony. **Allow 60 mins \$140.00**

MASSAGE TREATMENTS

Blissful Massage Ritual Relax and unwind with our wonderfully aromatic essential oil blend of your choice. Feel the tension leave your body as warm oils are drizzled over your body and the healing hands of our therapists gently caress your tired muscles. Bliss! **Allow 90 mins \$180.00**

Highly Recommended

Full Body Relaxation Massage Float away as the healing hands of your therapist ease tension, relieve stress and promote a sense of well-being with a full body relaxation massage. **Allow 60 mins \$140.00**

Unwind Your Back A relaxation massage to help relieve tension in your back, neck and shoulders. **Allow 30 mins \$90.00**

Mum To Be Massage Ritual Experience a gentle relaxation massage which delivers a pampering experience for the mum-to-be. **Allow 60 mins \$140.00**

Deep Tissue A therapeutic massage tailored to your individual needs which utilises techniques to work on the deeper levels of your muscles. **Allow 60 mins \$150.00**

Reflexology A specialised trigger point foot massage to stimulate the body and mind and enhance your body's natural healing abilities. **Allow 60 mins \$140.00**

HOT STONE THERAPY

Highly Recommended

Traditional Hot Stone Ritual Feel the stress and tension leave your body as heated basalt stones are gently massaged over your body to encourage relaxation using your choice of signature pure essential oil blends to relax and rebalance. The heat of the stones penetrate the deeper layers of your muscles allowing total relaxation. **Allow 90 mins \$180.00**

HAND AND FOOT CARE

Spa Manicure Treat your hands to an exfoliating treatment which gently polishes the skin, followed by a moisturising shea butter massage. This treatment is completed with a nail shape and polish. **Allow 40 mins \$85.00**

Spa Pedicure Step out in style following this treatment which soothes and polishes the skin. Includes a foot and leg massage and is completed with a nail shape and polish. **Allow 40 mins \$85.00**

Deluxe Spa Pedicure A luxurious "facial for the feet" treatment featuring an exfoliation of beach sand, quartz crystals, sea salt and alpha-hydroxy acid, followed by a rejuvenating masque, heel therapy, a foot and leg massage, nail shape and polish. **Allow 90 mins \$150.00**

LUXURIOUS PACKAGES

Use of all outdoor thermal and freshwater pools is included with Luxurious Package selections.

Highly Recommended

Spa Pass 30 minute sauna or steam with a Full Body relaxation massage and thermal pool entry. The ideal treatment to ease tension and leave you feeling totally relaxed. **Allow 90 mins \$155.00**

Revitaliser Package 30 minute sauna or steam followed by a delicious treatment including an Unwind Your Back relaxation massage and Refresher Facial treatment. **Allow 90 mins \$165.00**

Couples Retreat Share a treatment with someone special. Begin with a full body exfoliation followed by an application of our sea silt body mask. Then together take delight in our Hydrostorm capsule where you are cocooned in a warm steam mist and experience the water sensations. Conclude with a full body application of nourishing Body Butter. To finish enjoy a refreshing fruit cocktail. **Allow 90 mins \$350.00**

Top to Toe Ritual The ideal pampering experience. Begin your treatment with an Unwind Your Back massage to relieve tension, then lie back and enjoy our Seasonal Facial. To end indulge in our Spa Manicure and Spa Pedicure treatment and leave feeling like new confident you! Includes a refreshing fruit cocktail. **Allow 150 mins \$320.00**

GENERAL INFORMATION

Opening Hours 10.00am – 7.00pm every day, except Christmas Day.

Reservations/Cancellations We recommend that you reserve your treatment time well in advance to avoid disappointment. A credit card number or 50% deposit is required at the time of booking to secure all reservations. We require 4 hours notice otherwise a 50% cancellation fee will be charged.

Arrival Time For you to enjoy the full value of your Spa treatments and experience, we ask you to arrive at least 20 minutes before commencement of your treatment time.

Gift Vouchers Gift vouchers are available for all treatments. Purchases can be made on-line at www.hammersprings.co.nz or by phone. Vouchers will be posted to you.

FOR MORE DETAILS AND TO BOOK PLEASE CONTACT:

The Spa at Hamner Springs, 38 Amuri Avenue, Hamner Springs
Freephone: 0800 873 529 Email: thespa@hamnersprings.co.nz
Telephone 03 315 0029 Website: hamnersprings.co.nz/spa

OPEN 10AM – 7PM SEVEN DAYS

